



[About Us](#)

[Fruit, Vegetable, and Physical Activity Toolbox for Community Educators!](#)

[Recipes](#)

The Network for a Healthy California — African American Campaign, funded by the United States Depart

\*Empower African American adult women, ages 18-54, and their families to consume the recommended

\*Encourage food secure households by promoting participation in nutrition assistance programs.

\*Create environments where healthy eating and physical activity are socially supported and easy to do.