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[Fruit, Vegetable, and Physical Activity Toolbox for Community Educators!](#)

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The Network for a Healthy California — African American Campaign, funded by the United States Depart

*Empower African American adult women, ages 18-54, and their families to consume the recommended

*Encourage food secure households by promoting participation in nutrition assistance programs.

*Create environments where healthy eating and physical activity are socially supported and easy to do.